

#EVERYBODYSGAME

FERDINAND TINY BALLERS & MINI BALLERS

AGES 18 MONTHS - 6 YEARS OLD

 **Ferdinand**
Football Group





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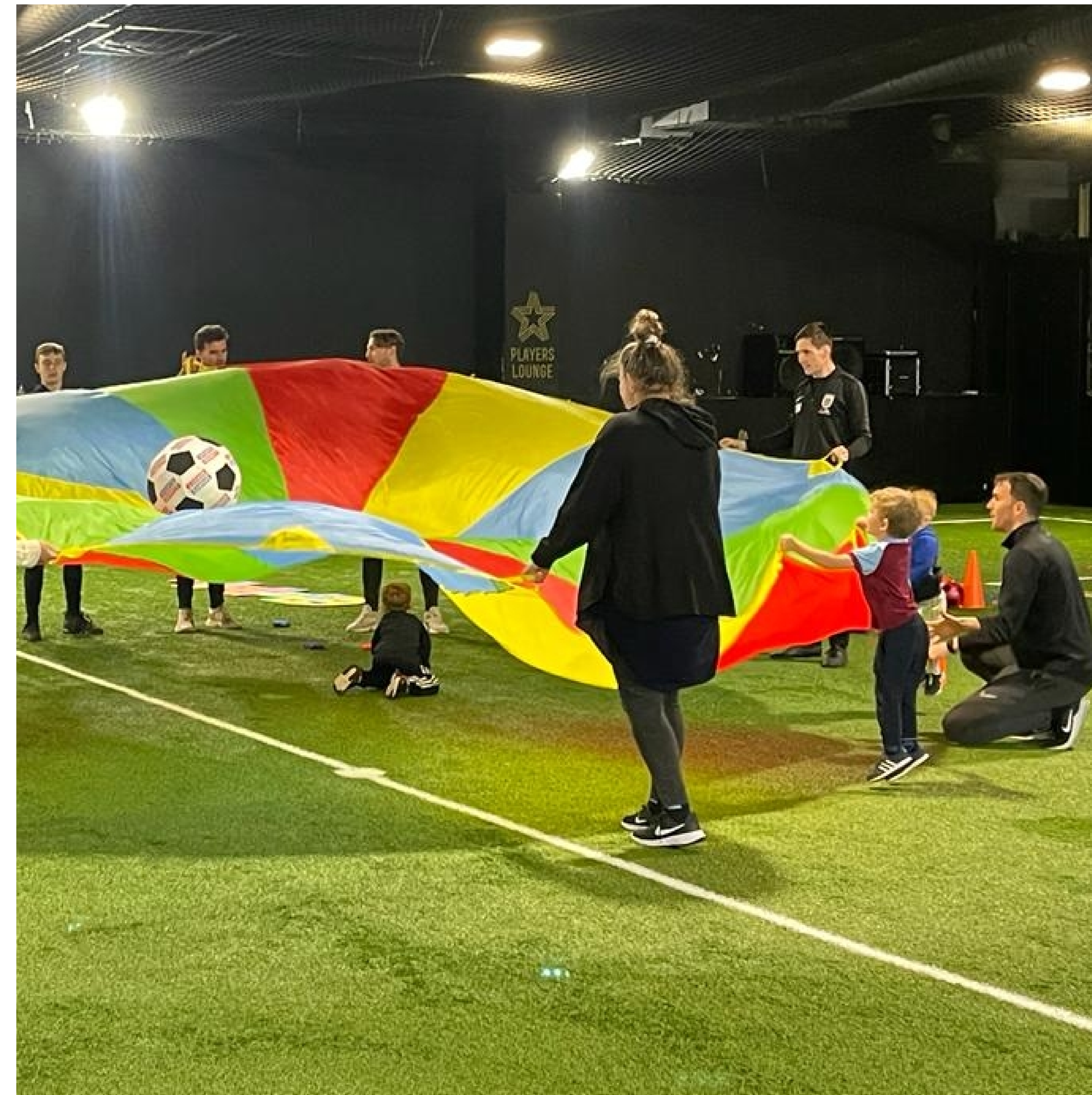
INTRODUCING FFG TINY BALLERS

AGES 18 MONTHS - 3 YEARS

The Ferdinand Tiny Ballers programme is the introductory stimulus on the Ferdinand Football Group development pathway. On their first leg of the journey at FFG, young children from 18 months old are encouraged to learn through free-play and imaginative games with soft balls, crafts and other play equipment with the option to join in some fun games designed to help develop cognitive skills, friendships, confidence and independence.

Through transitional games, our skilled coaches encourage independent thought, reasoning and learning through play. Our Ferdinand Tiny Ballers grow in confidence and skill to eventually enable them to focus and enjoy an independent task whilst continuing to build on their social and team skills.

Our parents are actively involved in classes at this stage, stepping away only when their child feels confident and engaged enough to partake in activities or full classes by themselves. This is very often successfully transitioned when our children begin pre-school or Nursery.



SESSION STRUCTURE EXAMPLE

THEME	HAND EYE COORDINATION	
09:00 - 09:20	ARRIVAL ACTIVITY	FREE PLAY
09:20 - 09:40	TEAM GAME	BUILD BIGGEST TOWER KNOCK DOWN KICKING BALLS
09:40 - 09:45	ACTIVITY SONG	OLD MACDONALD
09:45 - 10:05	SNACK BREAK	SLICED FRESH FRUIT BISCUITS & WATER
10:05 - 10:20	IN PAIRS	THROW, CATCH, BALANCE BEANBAGS
10:20 - 10:35	TEAM GAME	GIANT PARACHUTE
10:35 - 10:50	INDIVIDUAL PLAY	CIRCUIT COURSE
10:50 - 11:00	FINAL ACTIVITY	FREE PLAY & HOME

FFG TINY BALLERS 6 WEEK SYLLABUS

WEEK	THEME
1	Colours Distinguishing different colours and patterns
2	Shapes Learning shapes through play
3	Numbers Learning to count through play
4	Balls Encouraging to kick, throw and hold the balls
5	Building & Creativity Developing smart and creative decision making
6	Recap Let's put everything in to some fun practice!

Repeat block

INTRODUCING FFG MINI BALLERS

AGES 3 & 4 YEARS OLD

FFG Mini Ballers provides a platform for children from age 3 up to 6 years old to develop their FUNdamental skills as they progress within Ferdinand Football. This programme focuses on their ABC's; Agility, Balance and Coordination, as well as social interaction between their parents/guardians and other children.

The objective at this age is capture the interest and imagination of all children, and to engage them in a love for learning through sport and encourage positive mental attitudes towards all aspects of life.

FFG Mini Ballers incorporates lots of fun themed football challenges, such as races and co-ordination sessions. These types of activities include running, jumping and hopping under the guidance of our coaches but also starts to encourage responsibility in a game and thinking ahead to your next move.

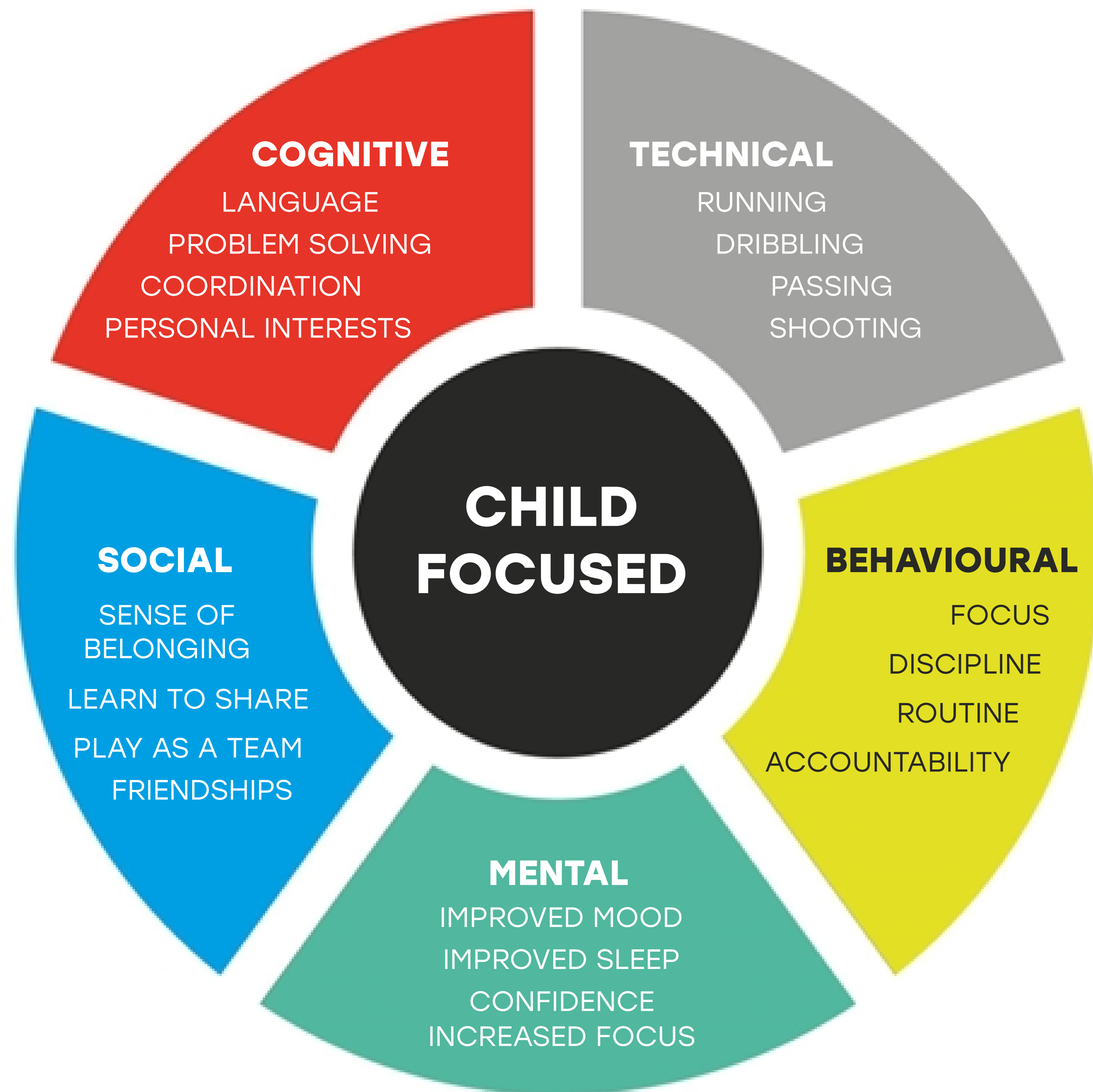
These skills are vitally taught at every class, when a ball is then introduced for practice.



SESSION STRUCTURE EXAMPLE

THEME	ANIMALS	
09:00 - 09:10	ARRIVAL ACTIVITY	INTRODUCE THEME
09:10 - 09:20	WARM UP	A.B.C WARM UP RACES. ANIMAL RELATED IE KANGAROO
09:20 - 09:45	FOOTBALL TECHNICAL	WORK ON DRIBBLING AND CLOSE CONTROL
09:45 - 10:00	GAMES	1V1 OR 2V2 SO PLAYERS HAVE CHANCE TO PRACTICE SKILLS

FERDINAND U6 DEVELOPMENT MODEL



FERDINAND U6 TERMINOLOGY

EXAMPLE THEME

ANIMALS

- 1 SNAKE** - PLAYERS MUST ZIG ZAG WITH THE BALL, NO STRAIGHT LINES!
- 2 ELEPHANT** - PLAYERS MUST USE THE BOTTOM OF THEIR FEET.
- 3 MOUSE** - PLAYERS DRIBBLE WITH SMALL KICKS TO KEEP THE BALL CLOSE
- 4 CHEETAH** - PLAYERS NOW DRIBBLE FAST WITH BIG TOUCHES. EMPHASIS ON SPEED

AT FFG WE TEACH CHILDREN THROUGH WORDS THAT THEY'LL EASILY UNDERSTAND AND RELATE THEIR CHALLENGES TO TO FAMILIAR EXPERIENCES. GAMES CAN BE ADAPTED TO RETAIN CHILDREN'S INTEREST, FOR EXAMPLE- SUPERHEROES, FAIRGROUND RIDES.

FFG MINI BALLERS 10 WEEK SYLLABUS

WEEK	THEME
1	ABC's and Listening skills
2	ABC's and Listening skills
3	Ball manipulation & Balance (dribbling)
4	Ball manipulation & Balance (dribbling)
5	Shooting & Scoring
6	Shooting & Scoring
7	Passing & Moving
8	Passing & Moving
9	1v1's and 2v2's
10	1v1's and 2v2's

Repeat block from week 3



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FOR BOOKINGS AND FULL CONTACT DETAILS

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